

# Lean

## Annual WIT Lean Practitioner Seminar Series

The South East Lean Network and WIT Academy of Lean Enterprise Excellence present the Annual WIT Lean Practitioner Seminar Series, kindly supported by Enterprise Ireland and brought to you in association with Waterford Chamber Skillnet.

This is a series of free monthly network and knowledge exchange events that bring together continuous improvement practitioners in Lean enterprise, operational, and process excellence to share their expertise, knowledge, experience, and good practices.

**TOPIC:** Facilitating Lean Through Emotional Intelligence

**SPEAKER:** Michael Cox, *Managing Director MCX*

**BOOKING:** [Eventbrite](#)

**DATE:** 9<sup>th</sup> of October 2019

**TIME:** 18:00 – 20:00

**VENUE:** [WIT Arena](#)

Presented in association with Waterford Chamber Skillnet



### About the Speaker

Michael Cox is one of Ireland's leading business trainers, an authority on emotional intelligence, with a particular flair for delivering highly motivational, participatory and stimulating talks at conferences and AGMs at home and abroad. Prior to establishing MCX Training & Development in 2007, Michael accumulated a range of experience and skills, working in private, public and social enterprises in Ireland, Europe, Africa and the USA. His last position, before establishing his own business, was Head of Training & Education with Chambers Ireland where he established Ireland's largest private training company, The Chamber Business School. Michael also established 'Training Solutions' and won a runner up award in the 'Best Business Venture' category at the 2005 World Chamber Congress in Durban, South Africa. MCX Training & Development provides QQI accredited and tailor-made programmes in supervisory management, training and development, communications, teambuilding, and facilitation skills. Michael's passion is exploring, imparting and nurturing best practice relating to emotional intelligence – the key to everything.

### About the Topic

We believe that Emotional Intelligence (EQ) is more important than one's intelligence (IQ) in attaining success. As individuals, our success and the success of our careers, professions and jobs, depends on our ability to recognise and admire different types of 'wiring' and tailor our interactions accordingly to achieve strong bonds of mutual respect. Therefore, each one of us must develop the mature emotional intelligence skills required to better understand, empathise and work with other people — particularly as the workforce has become more educated, diverse and complex. Otherwise, success will elude us in our lives and careers. This widely acclaimed *Emotional Intelligence* talk will unlock, harness, develop and maximise full potential of individuals and teams by working to people's strengths and increase their motivation, performance and productivity.

