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**1H5W**

This is a questioning technique that focuses on answering the questions ‘what?’, ‘who?’.

‘where?’, ‘when?’, ‘why?’, and ‘how?’. By directing attention to these queries, the method

enables the identification of issues or problems and supports the discovery of solutions. The

centrality of questions provides a comprehensive approach for understanding areas of

difficulty and it is frequently used in circumstances where elaboration of the domain is

required.

**Using 1H5W**

This technique can be performed in a variety of ways, using office software or with a pen

and paper. The questions that constitute this approach are asked regarding the focus area

and the insights provided from their resolution provide the basis for solutions.